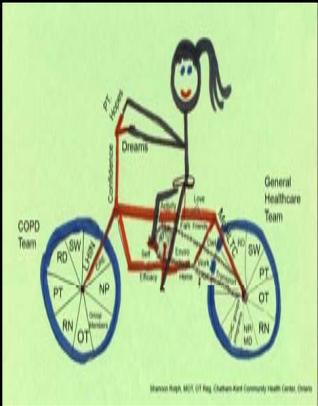


The flower is a client with COPD where each petal represents support, education and resources that allow the flower to grow and bloom. The raindrops symbolize everyone involved in a patient's circle of care. The soil is the environment the client lives in - a root support system for the whole flower.

The drawing is meant to illustrate the various options available for the typical COPD patient's in regards to assessment, care and funding for home oxygen. Depending on the patient's initial starting point, any of the identified agencies could be involved as the patient's condition dictates. The management of COPD uses a multidisciplinary approach and the drawing attempts to identify the various team members involved.



Our healthcare team (the bicycle) is really just a tool to help the client (the rider) get where he/she wants to go. Both tires represent different teams: the back tire that pushes the bike along is the whole CHC team - Drs, NPs, RNs, SW, RD, OT, PT, while the front tire is the COPD team. Now we've got our bike. But how do we move it? The pedals represent the client's self-efficacy, their belief that they CAN move forward, with the help of each link of a bike chain. When all these elements come together, we can move forward into a brighter, healthier future.

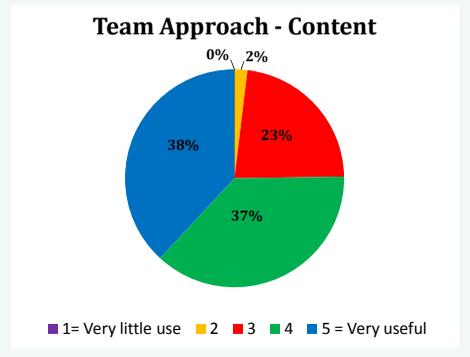
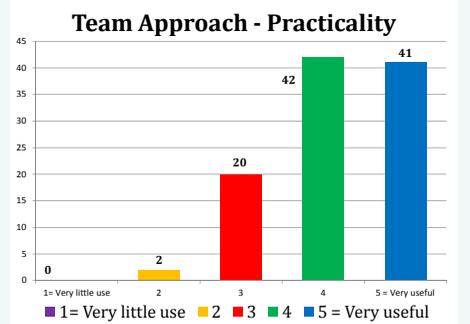
ABSTRACT

Description:
During the RespTrec program, we embody a multidisciplinary approach to patient care and health education. As described in Wagner's Chronic Care Model, strategically coordinated teamwork promotes an interdisciplinary approach to patient-centered care that ensures patient's needs are met and positive patient outcomes. This process is achieved through effective delivery system design that supports efficient clinical care and patient self-management.

Objectives:
(i) To create a visual team work approach to patient-centered care; (ii) to engage in a team building experience; (iii) to network amongst peers from various health care teams

Methods:
As part of the RespTrec curriculum participants are asked to share a visual representation of their current interdisciplinary team that best depicts their roles in relation to each other and to the patient. Represented teams include critical care, emergency care, home care, family health teams and pulmonary rehabilitation. This activity helps providers to "create an artistic impression" of a team as a whole in a humorous, non-judgmental way.

Results:
By sharing this visual with others participants engage in an interactive communication that mimics the teaching methodology. It also reinforces the concept of the team in the health care setting, the role of health care professionals as change agents, and the role of a patient as a key decision maker. Using a likert scale, where 1 indicates 'very little use' and 5 'very useful', most participants rated the team work exercise 4-5 in terms of practicality and content on the post RespTrec evaluations.



CONCLUSION

This project promotes effectiveness of the team approach in delivery of clinical and behavioral aspects of patient care. At the same time it emphasizes patient-centeredness of team approach, based on the fact that a well-informed patient is motivated, empowered, and has the skills and confidence to effectively make decisions about their health. Therefore, the ultimate goal of effective, patient-centered teamwork is to produce successful patient management outcomes as a result of improved knowledge, self-efficacy and quality of life. This project also demonstrates a team building experience that allows workshop participants to become a team and share their own knowledge and experience with others. It also gives all participants a chance to enhance their knowledge of different programs and can be used as a warm-up exercise or networking opportunity in any health care setting.

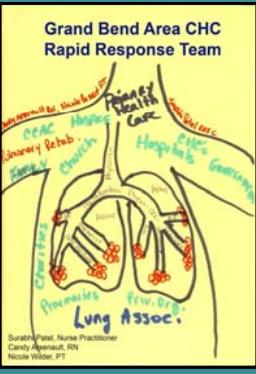
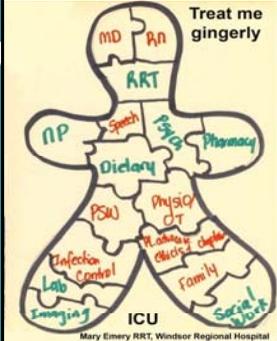
ACKNOWLEDGMENT

We would like to thank the participants for their contribution and Gloria Alfred for her excellent administrative support.

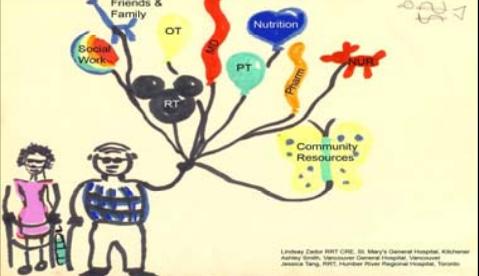
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Gingey, the patient, represents a multidisciplinary team in the Intensive Care Unit of a hospital. All the pieces of the puzzle are coming together to form the picture of total patient care.



This model represents our "Aging At Home COPD Rapid Response Team" Program. It reflects the holistic approach to management of COPD through integrated health practice. Internal health care partners are inside the lungs, while external health partners are on the outside.



Depicts happy patients, a blue bloater and a pink puffer. They are walking with the balloons that signify their interactions within a highly functional multidisciplinary care team. The bird that could pop the balloons represents potential financial issues. We would like to emphasize that the pink puffer and blue bloater remain active with the help from the medical team's support.